



Ms. Brooks

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ROOM: 169

Phone #: (801) 987-8755

Course Description: Students will develop knowledge, attitudes, and skills necessary for practicing lifelong-health enhancing behaviors as they participate in classroom activities, assignments, and discussions. The following topics will be covered throughout the course: Nutrition and Fitness, Mental and Emotional Health, Substance Abuse Prevention, Developing Healthy Relationships, Disease Prevention, First Aid/Safety, and Human Development*.

***Please Note:** A state mandated permission form is required in order for students to participate during the discussion of human development and STD's. This form will be sent home with the student during the semester. Please read the form carefully, sign and return to me. It is assumed your student is *not* allowed to participate in the human development unit if this form is not returned. All students not participating will be given alternate assignments to complete in another classroom during this unit on other health related topics.

Expectations: I am very excited about this semester and I look forward to some fun and challenging learning experiences. In this class there will be role play activities and other opportunities for class participation. Because of the nature of this class and the sensitive topics we cover, I expect each student to be respectful of his/her classmates and to actively participate using appropriate behavior.

Rules & Consequences: Students are expected to follow classroom rules and procedures.

1. No food, gum or candy allowed in class – spill proof water bottles filled with water are fine.
2. Be respectful to the teacher and fellow classmates.
3. Be on time and ready to work.
4. No Electronic devices are allowed during class unless approved by the teacher.*

***Note on Electronic devices:** There are no warnings. Your device will be taken away and given to the front office each time you have it out without permission. Please keep them in your locker or out of sight unless you have permission to be using them.

Consequences: I will be following the outlined Summit Academy Independence Campus discipline policy.

Positive Consequences: I do offer positive rewards for good class behavior that may result in both individual rewards and/or whole class rewards. Those rewards may be things like: cell phone time at the end of class, funny videos the last few minutes of class, meditation time, choose your own groups, free seating for a day or any other rewards suggested that I feel are appropriate.

Grading: I know that each student can succeed as long as they work to his/her potential. Students will be graded on the following:

- **Bell ringers**
- **Meaningful Assignments and Projects**
- **Tests & quizzes**
- **Class Participation** – Many class activities will require student participation. Points may be given for appropriate participation in these activities.

Late Work: Late work will be accepted with an automatic 20% deduction. No late work will be accepted once we have finished the unit of study, however, I will provide a final due date for all work in each unit giving students approximately 1 week after the unit ends to turn in their missing work. If there are extenuating or unforeseen circumstances, please talk to me so we can work out a win-win agreement. It is not my goal to see a student fail because of late or missing assignments.

Grading Scale

94-100 = A	80-83 = B-	67-69 = D+
90-93 = A-	77-79 = C+	64-66 = D
87-89 = B+	74-76 = C	60-63 = D-
84-86 = B	70-73 = C-	< 59 = F

Grades can be accessed through ASPIRE and will be updated every Friday. It is expected that students and parents/guardians check ASPIRE frequently to ensure their grades are correct. It will also alert you to any missing work. Please use my website to print off assignments and to keep up on what we are doing in class.

Materials: Students need to have the following materials with them every day in class:

1. Life Skills Student Workbook – All students will receive a workbook from me at no charge, **HOWEVER, if it is lost and needs to be replaced, there is a \$10 charge for a new one.**
2. Binder or folder to keep all of their health materials in. This can also be a spot in another binder as long as they know where their health materials belong.
3. Writing utensils (I encourage pencils so they can erase mistakes, but pens are fine to)
4. Student planner to keep track of due dates, test dates and assignments etc.

Absences and Tardies*: It is the student's responsibility to check with me for any make-up work when they are absent. Students will have **two** class periods upon return to make-up work for full credit. If other arrangements need to be made, please talk to me so we can come to a win-win agreement.

***Note on Tardies:** We will be doing a bell ringer journal every day in class. If a student has an UNEXCUSED tardy they will not receive credit for the bell ringer. If you have an EXCUSED tardy or an absence, you will be able to make up the bell ringer for full credit.

I am looking forward to working with you this semester. The best way to contact me is by email at amy.brooks@summitacademyschools.org, however, I am also available a half hour after school for drop in's or before school by appointment only. My contact information is at the top of this document.

Assignment: Please sign and return the attached page by: _____

**Student and Parent/Guardian
Signature Sheet**

Ms. Brooks - Health

Please sign and return this sheet to Ms. Brooks

I have read and agree to the policies stated in the Health disclosure document.

Student's name (Printed) _____ Class Period _____

Student's signature _____ Date _____

Parent/Guardian name (Printed) _____

Parent/Guardian signature _____ Date _____

Parent/Guardian contact e-mail _____

Any other information that I should be aware of (optional):